

CYNTHIA NANZALA LUTOME

DOB: MAY 3, 1997

(UPDATED 03/15/17)



Cynthia was born on 3rd May 1997 to a privileged family. Both of her parents were school teachers in a prestigious private school. She is the second of three girls, the first being a stepsister. Following the death of her mother to AIDS, the father's unmarried brother took in the whole family. At first this seemed ideal, but after a year the brother went off unannounced on a mission leaving his dying brother and three little children alone in the house. Fortunately a sister and her husband stepped in. Cynthia and the others were welcomed with open arms into this new large and loving family.

Cynthia became closer to her father as he slowly and painfully died as a result of AIDS. In fact, Cynthia at the age of four was sitting on her Papa's lap when he died. Cynthia who had been quiet and reserved became bitter and sullen which broke the heart of her aunt who treated her like one of her own.

When over-stretched family finances forced Cynthia be placed at Providence Children's Home, she regarded it as yet one more betrayal. She was undeniably angry with God. She locked herself in behind battlements of self-protection. This made her selfish and uncommunicative. It was many months before her deep-seated grief and resentment could be guardedly addressed. She cried a great deal, complained of headaches, and had almost daily nosebleeds. This was and continues to be addressed by doctors.

Gradually Cynthia began to change. There is nothing as effective as large doses of love to cure an ailment of the soul. Through extensive counseling she is now coming to grips with her painful past. She is very diligent about her studies. Immersed in a loving and supportive environment, she is learning to trust others once again. Cynthia's life revolves around the promise God made in Philippians 1:6, that God having begun a good work will bring it to completion. He has neither left her nor abandoned her and never ever will.

Cynthia is now in college studying to receive a Diploma in Catering and Accommodation at Nairobi Institute of Business Studies (Ruiru). Cynthia is so devoted in her career and anticipates starting a catering business immediately when done with her three year course. Her main college specialization has been food and beverage sales, services and production, diet therapy and accommodation.